



AN INITIATIVE OF

the de Beaumont Foundation + Kaiser Permanente

Empowering cities to build healthy, equitable communities through policy.

CityHealth, an initiative of the de Beaumont Foundation and Kaiser Permanente, works to advance a package of tried and tested policy solutions that ensure all people in our largest cities have access to healthy choices.

WHAT WE DO

Local policies that address the key social determinants of health can have a tremendous impact on people's lives. CityHealth consulted with local leaders, public health experts, researchers, and members of the business community to develop a package of 12 health-related, equitable policies that are proven to benefit people's health, well-being, and quality of life. The initiative updates this policy package every five years.

CityHealth works with technical assistance and implementation partners to help cities adopt these policies and ensure they work best for their communities and resolve critical health disparities — now and decades down the road.

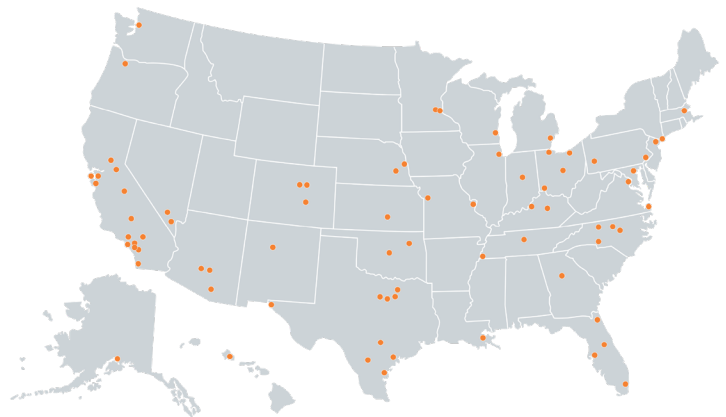
EARNING MEDALS

CityHealth celebrates cities, shares success stories, and recognizes local leaders who lead the way on high-impact policy change. Cities can earn gold, silver, and bronze medals based on the strength and number of CityHealth's policies they have in place. We annually assess the nation's 75 largest cities on all 12 policies in our package and award cities with both overall and individual policy medals. Detailed information and criteria for each policy is available at cityhealth.org.

WORKING WITH CITIES

CityHealth partners with the 75 largest cities in America:

Albuquerque, NM	Denver, CO	Los Angeles, CA			
Anaheim, CA	Detroit, MI	Louisville, KY			
Anchorage, AK	Durham, NC	Memphis, TN			
Arlington, TX	El Paso, TX	Mesa, AZ			
Atlanta, GA	Fort Worth, TX	Miami, FL			
Aurora, CO	Fresno, CA	Milwaukee, WI			
Austin, TX	Greensboro, NC	Minneapolis, MN			
Bakersfield, CA	Henderson, NV	Nashville, TN			
Baltimore, MD	Honolulu, HI	New Orleans, LA			
Boston, MA	Houston, TX	New York, NY			
Charlotte, NC	Indianapolis, IN	Newark, NJ	Plano, TX	San Jose, CA	Tucson, AZ
Chicago, IL	Irvine, CA	Oakland, CA	Portland, OR	Santa Ana, CA	Tulsa, OK
Cincinnati, OH	Jacksonville, FL	Oklahoma City, OK	Raleigh, NC	Seattle, WA	Virginia Beach, VA
Cleveland, OH	Kansas City, MO	Omaha, NE	Riverside, CA	St. Louis, MO	Washington, DC
Colorado Springs, CO	Las Vegas, NV	Orlando, FL	Sacramento, CA	St. Paul, MN	Wichita, KS
Columbus, OH	Lexington, KY	Philadelphia, PA	San Antonio, TX	Stockton, CA	
Corpus Christi, TX	Lincoln, NE	Phoenix, AZ	San Diego, CA	Tampa, FL	
Dallas, TX	Long Beach, CA	Pittsburgh, PA	San Francisco, CA	Toledo, OH	





CITYHEALTH'S POLICY PACKAGE

Together with city leaders, we're expanding access for all families to have a safe place to live, a healthy body and mind, and a thriving environment. CityHealth annually assesses cities on all 12 policies in its package.



AFFORDABLE HOUSING TRUSTS

Housing trusts are distinct funds established by city, county, or state governments that receive ongoing

dedicated sources of public funding to support the preservation and production of affordable housing and increase opportunities for families and individuals to access decent affordable homes. Affordable Housing Trusts policies are a community-driven way for cities to invest in building and maintaining affordable housing for everyone and can make communities more inclusive by ensuring all people — no matter their income — have access to affordable housing.



COMPLETE STREETS Complete Streets policies balance people's needs and safety across all forms of transportation, including walking,

biking, public transit, and cars. From street lighting to bike lanes to crosswalks, these policies ensure that all residents have safe, convenient ways of getting around and staying active — regardless of their age or ability. CityHealth's Complete Streets policy criteria include measures to prioritize vulnerable users, ensure compliance, and collect and publicize equity data. All people from all neighborhoods should have access to Complete Streets that help them get where they need to go, live, play, and grow.



EARNED SICK LEAVE

Earned Sick Leave policies require employers to allow employees to take paid time off for illness or injury for themselves or their family

members. Done well, these policies can reduce the spread of contagious illnesses, increase employment and income stability, and save cities money in health care costs. Cities that require companies to offer Earned Sick Leave ensure that all employees feel secure in their jobs when they fall ill — and keep communities healthy by stopping the spread of contagious illness.



ECO-FRIENDLY PURCHASING

Also known as "Environmentally Preferred Purchasing," Eco-Friendly Purchasing policies help to limit exposure to toxic

chemicals in city-owned buildings. Since cities collectively spend billions of dollars every year purchasing potentially toxic products, prioritizing the city's selection of less harmful products in three categories — cleaning supplies, foodware, and furnishings — means that leaders are able to use the power of city procurement to impact health. When city leaders buy eco-friendly products for city buildings, they make it clear that the health of our communities and our environment is worth protecting.



FLAVORED TOBACCO RESTRICTIONS

Flavored tobacco products — including flavored e-cigarettes and menthol cigarettes — endanger the health of our communities. Strong Flavored Tobacco Restrictions policies prohibit all retailers from selling flavored tobacco products in at least one of these categories: menthol cigarettes; flavored e-cigarettes and vaping devices; and other flavored tobacco products including cigars, cigarillos, dipping tobacco, chew, and hookah. Prohibiting the sale of flavored tobacco products can reduce use of these dangerous and addictive products and supports the well-being of everyone — especially young people.



GREENSPACE Public greenspaces, from parks to trails to public commons, help families be healthier in body and mind and keep our environment thriving.

Greenspace policies can expand equitable access to parks, increase tree canopy, and reduce pollution. These policies ensure all families, not just a few, have access to public land, nature, and their benefits.



HEALTHY FOOD PURCHASING

Healthy Food Purchasing policies set standards for the food available for purchase on city property. Evidence suggests that strong Healthy Food Procurement policies ensure that healthy food options are available in city-owned or controlled places and give city residents food choices that can help them achieve and maintain a healthy weight. Cities that prioritize health in their food purchases make sure everyone has access to healthy choices in public places where we work, play, and learn — from municipal offices to public gyms to daycare facilities. It can also help cities save millions of dollars in preventable health care costs.



HEALTHY RENTAL HOUSING

Health Rental Housing — also known as “Proactive Rental Inspection” — policies have a strong evidence base that shows the link between potential health harms within rental properties and the ability to proactively inspect and remediate these harms. These policies can help detect life-threatening toxins, like mold and asbestos, and have a strong upstream prevention focus that could prevent poor health problems before they start.



HIGH-QUALITY, ACCESSIBLE PRE-K

Done right, all children benefit from early childhood education, regardless of family income or zip code. CityHealth’s assessment of High-Quality, Accessible Pre-K programs evaluate 10 quality benchmarks established by the National Institute for Early Education Research (NIEER), which include measures around quality, access, local funding, and data collection. When all families have access to high-quality pre-K, more children have the opportunity to succeed as they begin their educational journeys.



LEGAL SUPPORT FOR RENTERS

Renters have legal protections, but few can access those protections when faced with eviction because most don’t have the means to obtain legal representation. Legal Support for Renters policies ensure all eligible tenants have access to legal representation, which substantially improves the likelihood that residents will stay in their homes; or, if they must move, that they will have more time to find new housing and a lower risk of homelessness. These policies also help renters keep their records free from evictions and can help reduce rent debt.



SAFER ALCOHOL SALES

When communities have smart policies and practices around alcohol sales, it helps keep everyone safer — and physically and mentally healthier — by reducing excessive drinking and related violence. Safer Alcohol Sales policies put cities in charge of the location and practices of alcohol retailers. These policies that govern where, when, and how alcohol may be sold in a neighborhood can reduce crime, increase safety, and decrease spending on health care and criminal justice.



SMOKE-FREE INDOOR AIR

Cities can put people’s health first by ensuring that businesses and other indoor spaces remain free from the smoke and vapor from tobacco (including e-cigarettes and heated tobacco products) and cannabis. Smoke-Free Indoor Air policies protect non-smokers from the harmful effects of tobacco and reduce smokers’ consumption of tobacco at the same time. Casinos, gaming venues, multi-unit housing, and bars — or any other public space we enjoy with family and friends — should have clean air to protect everyone’s health.